



31 years
of Nurturing,
Empowering, Enabling
and Advocating for
young lives

FAMILY STRENGTHENING

ANCHORS OUR PROGRAMS



Child Protection & Alternative Care



- Nearly **30 MN** children without parental care in India^[4]
- Only **1.4%** receive any sort of formal alternative care
- Inadequate programs for Aftercare support

ISSUES WE ADDRESS

Education & Empowerment



- **23.3%** of women aged 20-24 in India were married before **18**^[1]
- **48.5%** girls go for higher education^[2]
- Women Worker participation rate **37.0%**^[3]

Skilling & Livelihood



- According to the India Skills Report 2023, only **48.9%** of youth are employable^[5]

[1] NFHS-5, 2019-20.

[2] According to AISHE Report 2020-21.

[3] Periodic Labour Force Survey (PLFS) 2022-23.

[4] Situation of children in India - 2018, MOSPI, GOI.

[5] Skills Report 2023.

Child Protection & Alternative Care



Udayan Ghar Program (Sunshine Homes)

Established in **1996**, Udayan Care's **12** family-like homes provide a safe, nurturing environment for vulnerable children lacking parental care. Guided by Mentor Parents (lifetime volunteers), caregivers, and counselors, these homes offer holistic support, including education, mental and physical health care, and life skills training. Since inception, the program has empowered over **2,400 children** to build brighter futures.



Aftercare Program

For young adults who turn 18 and need continued support after leaving the Udayan Ghars, the Aftercare Program offers support through financial assistance, counseling, vocational training, and life skills training, to enable them to successfully transition to independent living. Over **500 Care Leavers** have been supported to date.



Aftercare Outreach Program

Supports young adults leaving any form of alternative care at **18** years through holistically designed individualized interventions for independent living and economic empowerment. More than **630 Care Leavers in 6 states** have been impacted since its inception in 2021.



FiT Families Together Program

Since **2021**, this community based, Family Strengthening initiative empowers at risk families to provide safe, nurturing environments for children. Operating in **3** Delhi districts, it supports **100 families**, impacting **400 children** and **100 youth** through preventive and rehabilitative efforts.



LIFT Fellowship

Since **2022**, this initiative has empowered **36 Care Leavers** across **13 states** to become Care Leaders through a one-year fellowship. In 2025, its alumni network launched LEAP (Lived Experience Alumni Program) to drive care reform.

Girls' Education & Empowerment



USF (Udayan Shalini Fellowship Program)

This program addresses academically bright, adolescent girls from challenging backgrounds who are at risk of dropping out of the formal education system and enables them to complete their formal education from Higher Secondary School to Graduation. It provides financial assistance, personalized mentoring, life skills and employability training, to build agency and broaden their perspective. More than **16,500 girls** in **36 chapters** across **14 states** of India are proud, empowered Shalinis with thriving careers in almost all fields - academics, business, entrepreneurship, social work, etc.

Skilling & Livelihood



Udayan Care's Skilling and Livelihood program empowers underserved youth and women with IT skills and vocational training to enhance employability and economic opportunities. Across **25 centers** in **6 states**, the IT program has trained **30,000+** individuals, with an **80%** placement rate in job-specific courses like Graphic Designing, Python, and Mobile Repairing. Meanwhile, vocational centers in Uttar Pradesh and Uttarakhand have equipped over **2,000 women** and youth with stitching, grooming, and design skills.

These programs collectively reflect Udayan Care's commitment to improving the lives of disadvantaged individuals, particularly children & young women, by providing them with the support & opportunities they need to thrive & become self-reliant members of society.

To know more about our programs and how you can support us or associate with us, kindly log on to **www.udayancare.org**

Your contribution can change lives!





Advocacy Research and Training

Udayan Care collaborates with state governments to pilot models of Alternative Care and researches various aspects of alternative care. They publish a peer-reviewed academic journal on alternative care and also organize biennial international conferences (Con) to promote knowledge exchange.



Volunteer Program

Udayan Care offers volunteering and internships that provide an opportunity for citizen action. People from diverse walks of life, including employees, retired professionals, homemakers, and university students from across the globe, can volunteer. Thousands of long-term and short-term volunteers have contributed to Udayan Care's mission over its 31-year journey.

Our Values

- C** – **COMPASSIONATE**
To Serve with Love
- I** – **INSPIRING**
To Motivate and Be Motivated Towards Purposeful Action
- R** – **RESPECTFUL**
To Trust and to Be Fair to All
- C** – **COMPETENT**
To Be Highly Skilled and Constantly Learning
- A** – **ACCOUNTABLE**
To Take Full Ownership of Actions and Outcomes

Our Presence



"**Udayan**," a Sanskrit word meaning "**Eternal Sunrise**," symbolizes hope and new beginnings. Established in **1994** as a Public Charitable Trust, Udayan Care is dedicated to bringing light and opportunity into the lives of underserved communities across India. With a mission to empower vulnerable children and youth, Udayan Care operates in **40 cities** spanning **16 states**, providing critical interventions and support, directly impacting over **50,000** lives and indirectly impacting thousands more over the past 31 years.

Our Vision

Making Young
Lives Shine

Our Mission

Udayan Care, with family strengthening as its core, provides nurturing and safe spaces to at-risk children and youth; empowers vulnerable adolescent girls through higher education; offers underserved communities digital and vocational training – to enable them to build agency and lead a dignified life. Through research, training, and conferences, Udayan Care advocates for evidence-based practices and impacts policies on family strengthening and alternative care for children and youth without parental care.

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